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A N N U A L R E P O R T

for the

Y E A R E N D I N G

31st December, 1962.



UPPINGHAM RURAL DISTRICT COUNCIL

A N N U A L R E P O R T

of the

MEDICAL OFFICER OF HEALTH.

1962.

Mr. Chairman, Ladies & Gentlemen,

I beg to submit my Auunal Report for the year 1962. This report deals generally with matters within my responsibility regarding Public Health and Preventive Medicine, and is presented in the form required by the Ministry of Health.

GENERAL STATISTICS.

Area (in acres).....	24,735
Registrar General's Estimate of Population.....	6,140
Number of Inhabited Houses at the end of 1962.....	1,971
Rateable Value (New Valuation).....	£143,054
Net Product of penny rate.....	£230.9.1.

VITAL STATISTICS.

	<u>Males.</u>	<u>Females.</u>	<u>Total.</u>
Live Births - Legitimate	51	45	96
- Illegitimate	6	1	7
Still Births - Legitimate	1	1	2
- Illegitimate	-	-	-
	<u>Rate for</u> <u>District.</u>	<u>Rate for</u> <u>England & Wales.</u>	
Birth Rate	21.4	18.0	
Death Rate	10.7	11.9	
Infant Mortality Rate for 1,000 live births	19.4	20.7	

There were two deaths amongst infants under one year of age.

The main causes of death were, as usual, those found in elderly people.



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CAUSES OF DEATH.

	<u>Male.</u>	<u>Female.</u>
Tuberculosis, respiratory	-	-
Tuberculosis, other	-	-
Syphilitic disease	-	-
Diphtheria	-	-
Whooping Cough	-	-
Meningococcal infections	-	-
Acute Poliomyelitis	-	-
Measles	-	-
Other infective and parasitic diseases	-	-
Malignant neoplasm, stomach	-	-
Malignant neoplasm, breast	-	-
Malignant neoplasm, bronchus	4	1
Malignant neoplasm, uterus	-	1
Other malignant & lymphatic neoplasms	7	2
Leukaemia, aleukaemia	-	-
Diabetes	1	-
Vascular lesions of nervous system	4	2
Coronary disease, angina	4	6
Hypertension with heart disease	1	1
Other heart disease	6	6
Other circulatory disease	1	1
Influenza	-	-
Pneumonia	1	3
Bronchitis	2	-
Other disease of respiratory system	-	1
Ulcer of stomach and doudenum	1	-
Gastrtis, Enteritis and Diarrhoea	1	-
Nephritis and nephrosis	-	-
Hyperplasia of prostate	1	-
Pregnancy, childbirth, abortion	-	-
Congenital malformations	-	-
Other defined and ill-defined diseases	7	3
Motor Vehicle Accidents	1	-
All other accidents	-	-
Suicide	2	1
Homicide	-	-
	<u>44</u>	<u>28</u>

PREVALANCE OF AND CONTROL OVER INFECTIOUS & OTHER DISEASES.

Notifiable Diseases (other than Tuberculosis)
during the year 1962.

<u>Disease.</u>	<u>Total cases notified.</u>	<u>Cases admitted to Hospital.</u>	<u>Total deaths.</u>
Measles	125	-	-
Whooping Cough	14	-	-
Acute Influenzal Pneumonia	4	1	-
Acute Lobar Pneumonia	2	1	1

Disease	Under 1	1 2	2 3	3 4	4 5	5 10	10 15	15 25	25 35	35 45	45 64	65 & over
Measles	4	11	9	7	17	53	20	3	-	1	-	-
Whoop Cough	1	2	-	1	1	6	3	-	-	-	-	-
Influenzal Pneumonia	-	1	-	-	-	-	-	-	-	-	1	2
Acute Lobar Pneumonia	-	-	-	-	-	-	-	-	-	-	-	2

Tuberculosis.

New Cases and Mortality during 1962.

One case of Pulmonary and two cases of Respiratory Tuberculosis were notified during the year.

TYPE OF DISTRICT.

The district is almost entirely agricultural.

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA.

Public Health Officers of the Authority.

Medical Officer of Health - John Young, M.B., Ch.B., D.P.H., Camb.
The Medical Officer of Health acts for the Leicestershire and Rutland Combined Districts, in which this district is included.

Public Health Inspector & Surveyor - J.E. Garbett, M.R.S.H., A.F.S.

Assistant Public Health Inspector & Surveyor - D.G. Beaumont, A.R.S.H.

The following examinations were carried out during the year at the Public Health Laboratory, Leicester:-

Nose & Throat swabs.....	1
Faeces & Urines.....	3
Milk.....	23
Water.....	20
Miscellaneous.....	2
Food.....	1
	<hr/>
	50

SANITARY CIRCUMSTANCES OF THE AREA.

WATER.

Supply.

The water supply for this district is derived as follows:

(a) From the Leicester Corporation's Welland Valley Waterworks to the parishes of Uppingham

- Lyddington
- Thorpe by Water
- Ayston
- Bisbrooke
- Seaton
- Stoke Dry
- Glaston.

(b) from the Leicester Corporation's River Dove source to the parishes of - North Luffenham

- South Luffenham
- Morcott
- Wing
- Preston
- Ridlington
- Pilton
- Belton

(c) from the Oundle & Thrapston R.D.C's. borehole at Tixover (bulk supply) to the parish of Barrowden.

(d) From the Mid-Northants. Water Board to the Parish of Caldecott.

(e) Two small parishes remain without public mains supply i.e. Wardley (population 26) and Beaumont Chase (population 4). At Wardley a good piped supply is available from a private estate source.

Quantity & Quality.

All centres of population in the district (excepting Wardley already adequately supplied) have mains water. There are only a few isolated properties outside the range of the water mains. However, a considerable number of cottage properties have mains water only in the form of outside standpipes. Twenty samples of mains water in the district were taken for bacteriological examination, and received satisfactory reports. None of the mains water supplies have any plumbo-solvent characteristics.

The City of Leicester Water Department and the Mid-Northamptonshire Water Board have their own arrangements for sampling and examination of water supplies. Samples taken within the area of these two supplying authorities were, therefore, in the nature of a double check on the quality of supplies. All of the samples were taken from supply and it was not practicable to take samples of raw water, as the sources of supply are distant and adequately controlled by the supplying authorities.

Eighteen samples of water from shallow wells were obtained. Twelve of the samples were not satisfactory and action was initiated to improve the supplies.

There was no shortage of water during the year.

The following table shows the position regarding mains supplies to dwellings in the various parishes:

PARISH	Population (Est.)	Number of habitable dwellings.	No. of houses in parish not supplied.
AYSTON	60	15	-
BARROWDEN	365	116	3
BEAUMONT CHASE	4	1	1
BELTON	282	97	11
BISBROOKE	148	52	4
CALDECOTT	265	86	6
GLASTON	183	61	2
LUFFENHAM, NORTH	470	124	9
LUFFENHAM, SOUTH	335	95	5.
LYDDINGTON	290	116	4
MORCOTT	360	114	5
PILTON	32	8	-
PRESTON	200	70	8
RIDLINGTON	160	57	2
SEATON	180	54	2
STOKE DRY	30	11	3
THORPE-BY-WATER	45	12	2
UPPINGHAM	2460	775	6
WARDLEY	26	12	12 (Private Supply)
WING	245	95	3
TOTALS	6140	1971	88

PUBLIC SWIMMING BATHS.

There are no Public Swimming Baths in the district. Uppingham School has its own Swimming Bath for the use of the Boys & Staff.

DRAINAGE & SEWERAGE.

Good progress with sewerage and sewage disposal schemes continued during the year. The sewered areas are now -

Belton
Caldecott
Glaston
Luffenham, North
Luffenham, South
Lyddington
Morcott
Preston (parts of)
Uppingham and
Wing.

The Caldecott sewerage scheme was completed and came into operation, and the Barrowden sewerage and sewage disposal scheme was well advanced at the end of the year. The Council are to be congratulated upon the progress made in this field. Improvements to properties in the sewered villages can now proceed unhindered.

A second progressive step on the part of the Council was the initiation of payments, under section 47 of the Public Health Act, 1936, to owners who install in their properties water closets in lieu of pail or earth closets. The numbers of the latter in the district is now declining steadily.

The construction of the much needed modern sewage disposal works, to replace the existing sewage farm at Uppingham, was commenced during the year, and it is hoped that it will come into operation in 1963, and so prevent the serious pollution now occurring in the small stream receiving the sewage farm effluent.

Sewage schemes are now in course of preparation for the villages of Ayston, Bisbrooke and Seaton. When these schemes are complete only very small parishes (Beaumont Chase, Pilton, Stoke Dry, Thorpe-by-Water and Wardley) with total populations of 139 will be without proper sewerage and sewage disposal facilities.

The estimated closet accommodation for dwellings at the end of the year in the district was

(a) Proxies and pail closets	618
(b) Water closets	1,353

The new Public Conveniences in Uppingham, with their free facilities for washing hands with liquid soap and hot water, and paper towels for drying, are generally appreciated by the public. Minor vandalism occurs on the premises from time to time, but not on the scale which reports indicate is common in some districts.

PUBLIC CLEANSING.

The refuse collection system in 1962 was fortnightly from all properties and weekly from Hotels, Cafes and School Boarding Houses in Uppingham. In general, this service was maintained throughout the year by a four-man gang using a 27/18 cu. yd. hydraulic compression vehicle.

The volume of refuse for collection is increasing noticeably - mainly due to the increased use of packaging and householders sometimes have difficulty in storing a fortnight's refuse. The possibility of a more frequent collection service should be explored.

PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The Council continued to participate in the Rutland County Joint Pest Control Scheme, which worked effectively through the year.

SANITARY INSPECTION OF THE AREA.

Particulars given here are for all purposes, including particulars given elsewhere in the report.

Total number of complaints received..... 21

Number of defects or nuisances discovered..... 42

<u>Nature of Inspections.</u>	<u>No. of Inspections.</u>	<u>No. of Re-Visits.</u>
Water Supplies	53	8
Dwellingshouses	41	10
Tents, Vans, etc.	43	23
Food premises	10	2
Offensive Trades	-	-
Factories & Workshops	23	-
Drainage Systems	273	3
Sewage Plant	23	70
Slaughterhouses	1	54
Meat & Foods	55	-
Infectious Diseases	-	-
Refuse collection and Disposal	81	27
Miscellaneous	21	5
	<u>624</u>	<u>202</u>

Notices.

<u>Preliminary.</u>	<u>Housing.</u>	<u>Other.</u>
Outstanding on 1st January, 1962	2	2
Issued during the year	5	1
Complied with during the year	3	-
Statutory action necessary	-	1
Outstanding on 31st December, 1962	2	3
<u>Statutory.</u>	<u>Housing.</u>	<u>Other.</u>
Outstanding on 1st January, 1962	4	1
Issued during the year	3	-
Complied with during the year	5	-
Outstanding on 31st December, 1962	2	-

Inspections by Medical Officer of Health.

Dwellingshouses.....	93
Food Premises.....	49
Shops.....	57
Dairies.....	11
Miscellaneous.....	43

HOUSING.

Grant aid under the Housing Acts, 1958, 1959 and 1961, in this district remains an important inducement to owners of old houses to bring these houses up to modern standards. This inducement is perhaps greater in a rural area possessing numbers of cottages of considerable external charm, than may be the case in a more featureless urban area. However that may be, the fact remains that old cottages of character, but in poor condition, are sought after for improvement with grant aid.

Some landlords of tenanted properties are reluctant to carry out grant schemes and, unless some form of compulsion is introduced, such properties are likely to remain without the basic amenities needed for modern standards of living.

The following table shows the grant-aided work carried out in 1962

Grant-aided Schemes.	"Standard"		"Discretionary"	
	Owner-occupied	Tenanted	Owner-occupied	Tenanted
Approved	5	6	17	20
Completed	4	6	14	13

The number of unfit houses demolished during the year - 2
 " " " " " closed " " " - 9
 " " " " " remedied as a result of L.A. action - 7
 " " " new Private Dwellings completed - 10
 " " " " " under construction at the end of year - 14
 " " " Council Houses completed - 10
 " " " " " under construction at the at the end of year - 10

The greatest need at present is for more dwellings for old people. More of these would not only provide accommodation for old people, but would release under-occupied houses for younger people with families.

At the end of the year there were 162 applications for accommodation on the Council's list. Thirty-seven applications were from persons outside the district.

F O O D.

Milk.

Twenty-three samples of milk produced and/or retailed in the district were submitted to the Public Health Laboratory, Leicester, for bacteriological examination.

The reports upon all of the milk samples were satisfactory. In previous years Brucellosis had been found to be consistently present in milk from two herds.

Meat & Foods.

During the year one small slaughterhouse, equipped only for the slaughter of sheep and pigs, has been operating, resulting in a comparatively small amount of inspection work to be done. The figures for the latter are given below and show a distinct improvement on the percentage of meat inspected, as compared with previous years.

Carcases Inspected.

Animals	Cattle (excluding cows)	Cows.	Calves.	Sheep & Lambs	Pigs.	Horses
No. Killed	Nil	Nil	Nil	227	Nil	Nil
No. Inspected	Nil	Nil	Nil	202	Nil	Nil

Work on the construction of a new private slaughterhouse has commenced and will finish in 1963. When these premises come into use, the amount of slaughtering in the district will increase considerably.

The standard of the meat trade in the district remained consistently high.

Ten items of food (approximately 84 lbs. in weight) in tins, jars or other pre-packed containers, were voluntarily surrendered for condemnation during the year.

Food Premises.

1. No. of food premises by type of business.

Bakehouses.....	3
Dairies.....	1
Butchers' Shops.....	6
Hotels & Cafes.....	7
Grocers' Shops(including Greengrocers etc).....	32
Fish, fried.....	Nil
Fish, fresh.....	1
Premises for sale of Ice Cream.....	26

Note: Certain premises are automatically included under more than one sub-heading, e.g. Cafes and Ice-Cream premises.

2. No. of Food Premises registered under section 16 of the Food & Drugs Act, 1955.

Premises registered for the sale of Ice-Cream.....	26
Others.....	5

3. No. of Dairies registered under the Milk & Dairies Regulations, 1949..... 1

4. No. of Inspections of registered Food Premises..... 39

5. Method of disposal of Condemned Food.

Burnt or buried at Council Refuse Tip.

6. Examination of Food Consignments..... Nil.

Food Hygiene Regulations, 1960.

Hotels, Cafes and Bakehouses in the district have been visited from time to time to check conditions in relation to the Regulations. The general standard of these premises was satisfactory. A survey of all other food premises is being carried out and will be complete in 1963.

NATIONAL ASSISTANCE ACT, 1948.

No action has been necessary during the year.

I have the honour to be,
Your obedient servant,

JOHN YOUNG.

MEDICAL OFFICER OF HEALTH.

A P P E N D I X

FACTORIES ACTS, 1961.

Prescribed Particulars on the Administration
of the Factories Act, 1961.

PART 1 OF THE ACT.

1. - INSPECTIONS for the purposes of provisions as to Health
(including inspections made by Public Health Inspectors).

Premises.	Number on Register (2)	Number of		Occupiers prosecuted. (5)
		Inspections (3)	Written Notices (4)	
(i) Factories in which Sections 1,2,3,4, & 6 are to be enforced by local Authorities.....	1	2	-	-
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority...	22	24	-	-
(iii) Other premises in which Section 7 is enforced by the Local Authority(exclud- ing out-workers premises).....	1	1	-	-
Totals	24	27	-	-

2. - Cases in which DEFECTS were found..... Nil.

PART VIII OF THE ACT.

Outwork.

(sections 133 and 134)

N I L

